

THE COMET

Journal of the Australian Pensioners' and Superannuants' League, Qld. Inc.

APSL'S most senior office bearer, Maisie Hammond, North Rockhampton Branch Vice President, (left) was presented with an APSL Certificate of Merit by Branch President, Dell Waite at the Branch Christmas function held at the Frenchville Sports Club on December 16. Dell presented Maisie with the certificate as a recognition for Maisie's dedication to the branch for many years.

Maisie is highly respected for her work in the community and is loved by all who know her. Maisie officially became a Centenarian on Sunday December 20, 2020, surrounded by family and friends at a couple of celebratory functions in Rockhampton.



WELL DONE, MAISIE!

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The Australian Pensioners' and Superannuants' League Qld, Inc. (APSL) provides advocacy and support services to pensioners and superannuants in Queensland.

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Services Directory

Commonwealth Government Directory

Administrative Appeals Tribunal	1300 366 700
Aust. Competition & Consumer Commission	1300 302 502
Australian Hearing	131 797
Aust. Securities & Investment Commission	07 3867 4700
Aust. Taxation Office	132 861
Centrelink (Older Australians line)	132 300
Child Support Agency	131 272
Commonwealth Respite and Life Flight Centre	1800 052 222
CRS (Commonwealth Rehabilitation Services) - Human Services	1800 277 227
Family Court of Australia	1300 352 000
Home & Community Care (65+ years)	1800 200 422
Human Rights & Equal Opportunity Comm.	1300 369 711
Immigration & Border Protection Department	131 881
Medicare	132 011
Migration Review Tribunal	1300 361 969
National Aboriginal & Torres Strait Islander Legal Services	1800 012 255
Pharmaceutical Benefit's Scheme	1800 020 613
Private Health Insurance Complaints	1800 077 308
Private Health Insurance Ombudsman	1800 640 695
Translating & Interpreting Service	1300 655 820
Veteran's Affairs Department	133 254

Queensland State Government Directory

Anti-Discrimination Commission	1300 130 670
Department of Communities	137 468
Department of Energy & Water Supply	
Electricity & Gas	134 387
Water	137 468
Energy & Water Ombudsman	1800 662 837
Health Ombudsmen	133 646
Legal Aid Qld	1300 651 188
Office of Fair Trading	137 468
Public Guardian (Adults & Children)	1300 653 187
Public Trustee	1300 360 044
Qld Competition Authority	07 3222 0555
Qld Ombudsman's Office	1800 068 908
Residential Tenancies Authority	1300 366 311
Safe Food Queensland	1800 300 815
Senior's Advocacy Information & Legal Services (SAILS)	07 3214 6333
Senior's Card	13 74 68
Senior's Enquiry	1300 135 500
Senior's Legal & Support Service	
Brisbane	07 3214 6333
Cairns	07 4031 7179
Hervey Bay	07 4124 6863
Toowoomba	07 4616 9700
Townsville	07 4721 5511
State Emergency Service Office	13 74 68
Youth & Family Support Service	07 3274 9917

Community Support Services Service Directory

Domestic Violence Crisis Line 1800 811 811

Immigrant Women's Support Service	07 3846 3490
	07 3255 1420
Qld Aged & Disability Advocacy	1800 818 338
Seniors & Go Card	13 74 68
Senior Shopper	1300 360 265
Sexual Assault Help Line	1800 811 811
South Brisbane Immigration & Community Legal Service	07 3846 3189
The Incapacitated Servicemen & Women's Assoc. of Aust	07 3356 9022
Women's legal Service	07 3392 0670
National Welfare Rights Network	1800 358 511

Department of Health Service Directory

Department of Health	1343 2584
Health Services Info Line	07 3837 5986
Medical Aids Subsidy Scheme	1300 443 570
My Aged Care	1800 200 422



FEBRUARY 2021

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Contact APSL State Office to enquire about membership and a branch near you. You can still contact Head Office on the usual number and Anneliese will answer.

APSL — MAKING A DIFFERENCE!

A MEMBER OF THE EVERY-AGE COUNTS COALITION OF ORGANISATIONS





EDITORIAL

By

Cherith Weis



Dear Friends,

Welcome again to our members and friends who support our organisation. We are already in February and have held our first Management Meeting on Friday January 29.

Our members discussed a full agenda including the horrific accident on Australia Day when the lives of Matthew Fields; Kate Leadbetter and their unborn baby boy Miles, were cut short by an unlicensed 17 year old driver in a stolen vehicle.

APSL will write to the Queensland Premier, Annastacia Palaszczuk and also to the Police Minister and Corrective Services, Mark Ryan with our concerns about the Youth Justice Act. 17 year olds treated in the Children's Court instead of as adults, as was the case a little over 2 years ago. (***Youth Justice Act changes effective last year***). Check out the Act website — interesting!

We object to youth being out on bail committing offences. Reports have shown worrying trends and an apparent disregard for everyone else and their own safety. Break-ins in order to obtain car keys and anything else they can lay their grubby hands on. This lawlessness is being experienced in all areas in Queensland and it has to stop.

The public's reaction ultimately is ***"Where are the parents? What are the parents doing?"*** Yes. What are they doing? Obviously, not parenting! Not home. Possibly in jail as reported in one case.

We hear of people being robbed of their valuables while they are home. Possibly watching TV. We have to adapt to the times.....They are out to rob us. We HAVE to lock up, even if home.

We have to take every precaution to protect our property. Do NOT leave your keys in plain sight. NEVER use a key rack! Hide the keys where only you know where they are. Don't keep your keys and your wallet/handbag in the same place.

I was saying to a friend only last week at an activity I can't remember locking my car. She replied that she

never locks her car here. In a public place? This is an area where a stolen 4WD from a western town was dumped in the vicinity this week. The four crims were caught but had we been at our activity, who knows?

I recall seeing a news report about a young woman was lamenting the fact that her handbag and new car had disappeared overnight. The crims had broken into her home; neither she nor her partner heard a thing through the break-in.

How many times has this been the case? Lock up or lose it!

Some years ago, Caloundra Branch put a motion before an APSL conference regarding the term "JOY RIDE" for those who steal cars. Caloundra argued and were supported, that the term should not be used and change it to **CAR STEALING**. That's precisely what it is!

Use GPS Ankle bracelets? Definitely a YES from me! You do the crime be prepared for the consequences!

I am not forgetting the horrible circumstances by which people have been killed by the lawless among us. Far from it. There's a term in the media talk of the trade - ***a seven day wonder***. (How long a story stays in the public eye) Please do not let this terrible and continuing problem subside or be forgotten as more precious lives will lost be in vain if nothing is done.

Don't just sit in your homes; post comments on Facebook and lament at what is happening in real life. Do something about this problem and do it now!

I would appeal to everyone to write to the Premier and the Police Minister expressing the need to change the Youth Justice Act to lower the age of youth to be charged as adults. I believe another group is advocating that it be dropped to 14 years. Act like adults? Be charged as adults!

FOOTNOTE: - (06/02) As I conclude editing this edition, I have just heard of another fatality in Townsville. Another innocent life taken. Another family and friends in mourning. Another stolen vehicle.

This has to stop!



*Happy Birthday,
Maisie
From your
friends at
APSL*



Pictured top left—Maisie with her children Kay, Brian and Gail. Right—her APSL friends

Birthday Balloons—Maisie with her 100 Birthday Cake crafted by Drew Wickerson left—Daphne Hansen, Maisie, Banjo Patterson, Dawn and Lauren Dobby.



Maisie Hammond was born on December 20, 1920. Maisie was one of thirteen children and remembers a happy childhood in Mount Morgan. She also remembers having a lot of fun around Rocky riding their bikes everywhere safely as the traffic wasn't as bad as what it is now.

Maisie married Ron Hammond in 1942 and like many other couples, they met at a dance in Rockhampton. The couple moved into their Sharples Street home in the 1950's where Maisie still lives. Ron and Maisie had four children. Brian, Kay, Gail and Rodney (deceased). There are 12 Grandchildren; 25 Great-grandchildren and 8 great-great-grandchildren.

Maisie Hammond is the most senior serving office bearer; now into her sixth year as Vice President of the North Rockhampton Branch of A. P. S. L. She looking forward to the time the branch can move back into Bauhinia House to hold their activities.

BABINDA PRESENTATION



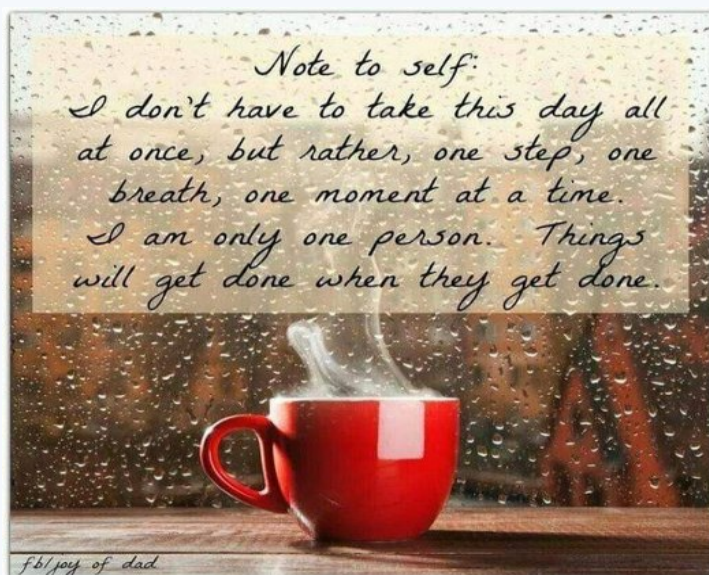
At the Babinda Branch Christmas Luncheon, Edie Martinod was presented with Life Membership by President Alan Kingston and Secretary Beryl Ball.

Edie Martinod is our oldest and longest serving member (more than 30 years).

Edie was very surprised when it was announced and unusually lost for words.

Babinda Branch is very proud of having Edie as a member of our community.

CONGRATULATIONS FROM A.P.S.L, EDIE!



GLADSTONE CHRISTMAS CELEBRATIONS



Gladstone branch held their Christmas Dinner on December 4—from Meg Paterson

Photos include Leanne Janet and Joan; Meg Paterson; Janet Jill and Joan Veronica and our oldest Peggy and Jill Hopson from Glen Butcher's office. Jill makes sure that the branch receives their Comets! Thanks for printing them off, Jill!



APSL NAME—A CHANGE?

At the first Management Committee meeting on January 29, committee members discussed a number of things including the name of the organisation. As we were formed over 75 years ago, members feel that the official name is a little past its use-by-date.

In this day and age with short and concise names of groups, the committee feels :-

- Delete the word "League"
- When putting a suggestion to us—remember that as well as pensioners, superannuants and anyone who receives a Centrelink payment, they are all part of the organisation.
- One suggestion was use, particularly in the media "Queensland Pensioners and Superannuants"
- Another suggestion was "Grey Power"—let's hear from you—ALL suggestions will go to the Management Committee with a prize involved for the most suitable name received!

Lessons learned during the COVID-19 outbreaks in Victoria

The second wave of elevated community transmission of COVID-19 in Victoria, which started in late June 2020, presented a significant risk to residents and staff at local residential aged care services.

Many lessons were learned by providers whose residential services experienced an outbreak, and those lessons have been captured in a resource compiled by the Commission – ‘*We saw the best in people: Lessons learned by aged care providers experiencing outbreaks of COVID-19 in Victoria, Australia*’ – that is [available on our website](#).

The contents of this document were drawn from interviews conducted by the Commission with the Board Chairs and CEOs of 34 providers operating at least one residential service in Victoria where an outbreak occurred. We are grateful to all interviewees who openly and honestly shared their experiences with us for the benefit of others.

It was evident from those conversations that all providers found the outbreaks challenging and demanding. Their valuable insights will be of use to residential aged care services across Australia.

We encourage all providers to make good use of the lessons outlined in this resource, to strengthen your emergency readiness in a COVID-normal world.

FROM: AGED CARE QUALITY & SAFETY COMMISSION

Testing for COVID-19

Testing identifies if patients have COVID-19 and helps health authorities track the spread of the virus.

Early diagnosis means you can take steps to avoid spreading the virus to your friends or family. If you have a fever, cough, sore throat or shortness of breath, it is important you get tested.

Testing is even more important if you are unwell and:

- you have recently returned to Australia from overseas. All travellers will be quarantined for 14 days on arrival into Australia;
- you have been in close contact with someone diagnosed with COVID-19 in the past 14 days;
- you are a health care, aged care or residential care worker or staff member with direct patient contact.

Where can I get tested?

You can contact your doctor to arrange a test or you can attend a respiratory clinic. If you visit your doctor, it is important to contact the clinic first and tell them your symptoms. This will help them prepare for your arrival and protect other people at the clinic.

Respiratory clinics are health centres around the country focusing on testing people with acute respiratory infection symptoms. To find a respiratory clinic near you, visit www.health.gov.au/covid19-clinics. Your state or territory may have extra clinics where you can get tested. You can find them through your state or territory health websites.

** APSL supports testing as we care for the Aged and Frail who frequent Kurilpa Hall.*

Contributed by Michael Beatty

In the 2011 Brisbane floods RSPCA QLD felt the devastation first hand with the loss of its Fairfield shelter and the evacuation of hundreds of animals.

“The water came up so quickly. I remember going home in the evening and the water wasn’t even near the horse paddocks. By three in the morning it had flooded the paddocks and was bearing down on the kennels,” said RSPCA Qld spoke person Michael Beatty.. “All of a sudden we had three hundred odd animals that had to be evacuated. It was madness.”

After an emergency call out for foster carers, hundreds came to Fairfield to help with the evacuation and take the animals into foster.

“The response from the public was unbelievable and I still talk to people who ended up adopting the animals they fostered. The last creature out was a peacock!”

But RSPCA staff and volunteers were still needed in the community. Scores of domestic animals and wildlife were rescued and staff and volunteers helped manage animals in evacuation centres, not just in Brisbane but in the regions as well.

“The floods affected our wildlife and domestic pets on a scale of destruction rarely seen, but we continued to be there to provide disaster relief to all creatures great and small. But we couldn't have done it alone.”

“Ten years on, we look back at the disaster and thank the community, team members, and “flood army” supporters who stepped up for animals in need.”

Pictures can be found below

<https://www.dropbox.com/sh/n127137ftcxqz69/AADkNoRK6jkDXo7--6it2b7Aa?dl=0>

RSPCA Qld's Wildlife Hospital busier than ever....

RSPCA Qld's Wildlife hospital at Wacol and the small wildlife triage centre at Eumundi have seen no easing of numbers during the Covid year of 2020.

26,476 animals and birds were treated including 709 koalas.

“Our Wacol hospital is by far the busiest in the Southern Hemisphere. At this time of the year the hospital can actually receive over 100 patients a day,” said RSPCA Qld spokesperson Michael Beatty. “This has been the height of the trauma season with animals and birds breeding and giving birth. Because they’re roaming and looking for mates, most koalas in particular, are either hit by cars or attacked by dogs.”

When the Wacol wildlife hospital was built back in 2012 it was dealing with approximately 8,500 patients a year. That number has skyrocketed.

“Sadly it’s mainly due to habitat destruction and the increase in development and traffic that comes with it.”

Pictures and vision below

: <https://www.dropbox.com/sh/7tpot3pbhdt5tz2/AAA2IZso9c5nWolM-LYZcyVa?dl=0>

https://www.dropbox.com/sh/ww3yrsrshv9bgog/AADBdv4Uq9k_aEWWHx1IX_G3a?dl=0

- ducklings hatched in someone's chimney, rescued by [ambo Chloe](#) and reunited with parents.

Video - <https://www.dropbox.com/s/805o4awc9sow04z/Ducklings%20Stuck%20in%20Chimney%20-%20Master.mp4?dl=0>

+ possum at 10 pin bowling - <https://www.facebook.com/RSPCAQLD/posts/10158673720069326>





Road safety

with

Leyland Barnett

Emergency Vehicles

It is a real concern in regards to young juvenile repeat offenders being let off in the courts to be let out and repeat crimes without any fear of consequences for themselves or the community. We have seen recently a young couple walking their dog in Brisbane, being killed by an alleged drugged, repeat juvenile offender losing control of a stolen vehicle when it hit a truck. We have also seen police officers being seriously injured from juveniles stealing cars and allegedly ramming police cars in Townsville.

Serious changes need to be made to the Juvenile Justice Act in order to address this problem, however in relation to road safety what we can do, is do our best to minimise risk to ourselves and other road users if we encounter a situation of a desperate young criminal ploughing recklessly through our suburbs.

We need to be aware of our surroundings when driving, by not only looking way ahead but also checking mirrors to see what is happening behind us as well. If you observe a dangerous driver, look at ways to move out of their way to avoid a collision that may require mounting a traffic island or mounting a kerb if the situation is very serious.

Not only is it important to be aware of reckless drivers, we need to be watching for emergency vehicles such as Ambulance, Police and Fire Services, especially with lights and sirens activated as we are required by law to give way to them, even if you are facing a green traffic light.

If you here an emergency vehicle's siren, look for where it is coming from and look to allow the emergency vehicle clear access through the intersection by either not entering or moving to the sides of the road to allow the emergency vehicle clear passage.

In one situation, I moved out into an intersection through a red light when I saw it was safe, to allow an emergency vehicle with lights and sirens on through, coming up from behind.



Make sure that you give way to emergency vehicles if safe to do so, don't put yourself into danger and become a victim.

CHRISTMAS AT KURILPA HALL



Friends of Kurilpa Kitchen were guests at the annual Christmas Function held n Thursday, December 9. A special thanks to Anneliese, Craig and your support team for staging a wonderful day!



Our Kurilpa guests enjoyed chatting with the recently elected member for South Brisbane, Amy McMahon



Because of a Brisbane City Lockdown in early January owing to a COVID19 scare, APSL plans to re-open the hall for “in centre” meals had to be postponed. On Thursday, February 4 our clients once again were able to attend Kurilpa Hall subject to COVID19 rules where they enjoyed Yoga and a scrumptious lunch prepared by Craig (our Kitchen Magician!).

Extra Home Care packages on the way...but?

Despite the Government funding 39,000 extra packages, applicants could be waiting most of this year for support.

Below are some of the headlines from various Media and Aged Care outlets on line

Home care package waiting lists slammed as a 'critical failure' as families forced to wait

and

Aged care wait times go up, level four home care wait nearly 3 years

and

Peak bodies say Home Care Package waitlist is still in crisis

and

152,000 people now receiving home care

In total, 151,958 people now have access to a home care package - a 4.6% (6,638) increase since 31 December 2019 (145,320), again in 13 weeks.

The report - which covers 1 January to 31 March 2020 - shows there were 39,650 home care packages allocated in the March 2020 quarter - an average of 3,050 per week.

This means around 3,000 people per week either began receiving a package for the first time or were moved from an interim package to the level they were actually approved for.

oo0oo

Thousands of seniors are spending years on a waiting list to get a home care package. Are you in the queue? The Comet would like to hear from you if you are some of people who are being kept waiting.

We invite you to write into us—choose a non deplume—we would to know you if you are affected by the delays now being experienced or if you have had problems with the delivery of the package.

Your details will be kept confidential.

(Editor)

From the Management Meeting minutes (29/01/2021)

Constitution meetings –

Committee discussed possible dates to resume Constitution meetings. Members of this Committee expressed that this meeting to be conducted face to face.

It was suggested that Members of the Constitution Meeting read previous minutes and list what items that require to be covered. The decision was made to hold the meeting in Gracemere on May 14; 15 and 16, 2021 for the continued work on updating the APSL Constitution and By-Laws. This meeting to commence on Friday May 14, at 9am at State Treasurer's residence.

All branches should have a copy of the constitution and although we have a Constitution Committee, branches are quite welcome to send in suggested changes to Head Office a.s.a.p.

Plan for APSL future as per AGM minutes –

Contributions welcome regarding Name Change of Organization .

When thinking of a Name Change -

Things to be taken into account when considering Name Change involve changes to the following:-

- Bank Accounts;
- ACNC;
- Australian Taxation Office,
- Many other Government Departments Federal, State and Local
- Other service Companies e.g. Electricity, Gas etc.;
- Other Not for Profit Organizations.

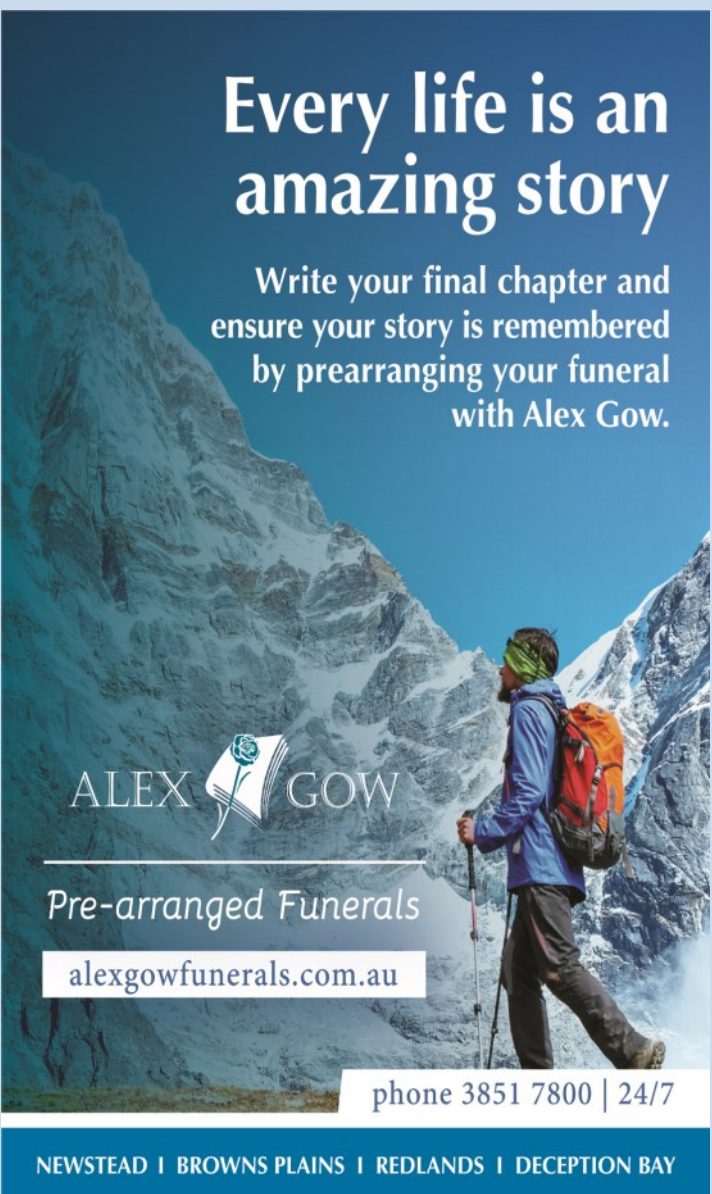
The word "League" is outdated. It was expressed that the New Name for the organization be modern and click with the public so as to rejuvenate our profile and to be more inclusive to allow Disa-

bility Pensioners and other on Centrelink payments to join.

The Committee suggested that for the purpose of compiling a list of new Names:-

- .Members across the many state branches should submit suggestions for a new name for the organization. It is requested that, if possible all members to submit their suggestions to Branch Secretaries or individually for emailing or post to Head Office or State Secretary by a week prior to the next Management Meeting by March 2 if at all possible.

It was also thought that should the task to change the name prove to be too difficult or expensive—a name suitable for publicity, etc be implemented.



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INTRODUCING MARION DWYER

Marion works with Brisbane South Primary Health Network (there is also a Brisbane North PHN).

Her job is to be a liaison between people with complex needs and the My Aged Care system. She also assists people who have never accessed My Aged Care, who might be intimidated by the process or unsure of what they might need.

Brisbane South PHN is participating in a program called My Aged Care Navigator Trials.

The program is specifically to get more people enrolled in My Aged Care by providing a Specialist Support person (i.e. Marion) to speak with clients referred by community providers like us, or GPs, etc. Marion works with people on an individual level to help them along in the process, which can be complicated and difficult for many older people.

Marion had been coming to the APSL Centre at West End prior to COVID19 to try and get to know some of our clients.

The visit to the centre on December 9 was a follow up so she could talk to those people again but also make herself known to the larger group of regulars who attend lunch and yoga.

The visit was a success, with a good number of seniors turning up just to meet with her. She talked about the process of enrolment, and how people with complex needs can get in touch with her to get help.

Pic above—Marion Dwyer pictured with APSL Kurilpa seniors on December 9, 2020.



Fun for Seniors



Who can relate to this one?

I know I can!

oo0oo

"be strong,"

**I whispered to my
wifi signal.**

A middle aged woman had a heart attack and was taken to the hospital. While on the operating table, she had a near death experience.

Seeing God, she asked, "Is my time up?" God said, "No, you have another 43 years, 2 months and 8 days to live." Upon recovery, the woman decided to stay in the hospital and have a face lift, liposuction and tummy tuck. Since she had so much more time to live, she figured she might as well look even nicer.

After her last operation, she was released from the hospital. While crossing the street on her way home, she was hit and killed by an ambulance. Arriving in front of God, she demanded, "I thought you said I had another 40 plus years? Why didn't you pull me out of the path of the ambulance!?"

God replied, "My child, I am sorry, I didn't even recognize you!"

1. What word is spelled incorrectly in every dictionary?
 2. What never asks a question but gets answered all the time?
 3. What goes up but never comes down?
- Answer next month.....

Domestic Violence has taken its toll on lives during the past few months and continues to be a huge problem in our communities.

Queensland Government website states - Domestic and family violence (DFV) occurs when one person in an intimate personal, family or informal carer relationship uses violence or abuse to maintain power and control over the other person.

DFV does not always involve physical violence. DFV is usually an ongoing pattern of behaviour aimed at controlling a partner (also known as coercive control). A wide variety of abusive behaviours – including social, financial, psychological and technology-facilitated abuse – often accompanied by threats of physical violence, may be used to cause fear.

Over time, this can have a devastating impact on victims' autonomy, independence, wellbeing and safety. Coercive control is the most common risk factor leading up to an intimate partner homicide.

WE NEED TO TEACH OUR DAUGHTERS TO KNOW THE DIFFERENCE BETWEEN:

a man who flatters her and
a man who complements her,


a man who spends money on her
and a man who invests in her

a man who views her as property
and a man who views her properly

a man who lusts after her
and a man who loves her,

a man who believes he's a gift to
women, and a man who believes
she's a gift to him.

And then we need to teach our
sons to be that kind of man.



Do Not Ask Me to Remember

Do not ask me to remember,
Don't try to make me understand,
Let me rest and know you're with me,
Kiss my cheek and hold my hand.
I'm confused beyond your concept,
I am sad and sick and lost.
All I know is that I need you
To be with me at all cost.
Do not lose your patience with me,
Do not scold or curse or cry.
I can't help the way I'm acting,
Can't be different though I try.
Just remember that I need you,
That the best of me is gone,
Please don't fail to stand beside me,
Love me 'til my life is done.
- Owen Darnell

Dementia describes a collection of symptoms that are caused by disorders affecting the brain. It is not one specific disease. Dementia affects thinking, behaviour and the ability to perform everyday tasks. Brain function is affected enough to interfere with the person's normal social or working life.

Most people with dementia are older, but it is important to remember that not all older people get dementia. It is not a normal part of ageing. Dementia can happen to anybody, but it is more common after the age of 65 years. People in their 40s and 50s can also have dementia. For more information about younger onset dementia go to [the younger onset dementia hub](#). There are many different forms of dementia and each has its own causes. The [most common types of dementia](#) are Alzheimer's disease, Vascular dementia, Dementia with Lewy bodies, Frontotemporal Lobar Degeneration (FTLD), Huntington's disease, Alcohol related dementia (Korsakoff's syndrome) and Creutzfeldt-Jakob disease. **Is it dementia?** There are a number of conditions that produce symptoms similar to dementia. These include some vitamin and hormone deficiencies, depression, medication clashes or overmedication, infections and brain tumours. It is essential that a medical diagnosis is obtained at an early stage when symptoms first appear, to ensure that a person who has a treatable condition is diagnosed and treated correctly. If the symptoms are caused by dementia, an early diagnosis will mean early access to support, information, and medication should it be available. Dementia Qld website..

Message to Branches

This space box is provided to insert your Branch contact details when you leave The Comet at Doctors' Surgeries /Libraries and so on



CODE of ETHICS and PERSONAL CONDUCT

The Australian Pensioners' & Superannuants' League (Qld) Inc.

Be patient and courteous in all dealings with fellow members.

Be inclusive - Members to welcome and support people of all backgrounds and identities and discriminate against no one.

Be considerate - Each member should respect fellow pensioners and superannuants. Our decisions and comments will affect our fellow members, therefore we must always take this into consideration.

Be respectful - Each member may not agree all the time, but disagreement is no excuse for disrespectful behaviour. Each member may experience frustration from time to time, but we cannot allow this to become a personal attack. An environment where people feel uncomfortable or threatened is not productive or creative and not in the best interest of The League.

Choose your words carefully - Always conduct yourself professionally. Harassment and exclusionary behaviour is not acceptable in The League. Differences of opinion and disagreement will occur, each member must resolve disagreements and differing views constructively and respectfully.

Our differences can be our strengths - Members can find strength in diversity. Different people have varying perspectives on issues, and that can be valuable for solving problems or generating new ideas for the betterment of The League.

ooOoo

APSL Mission Statement

To lobby powerfully with governments at all levels and private sector agencies, and within community sector, to promote all aspects of the security, well being and dignity of pensioners of all ages, superannuants, other self-funded retirees, low income families and other disadvantaged people, including Aboriginal & Torres Strait Islander (ATSI) and Culturally & Linguistically Diverse (CALD) peoples.